



CEREMONY GUIDE

Ceremonies are our powerful tools of release, transformation, healing, & setting intentions. The act of ceremonies has a powerful effect on the Planet & is our most powerful tool to transmute & heal.

Director's Council

newearthtransitorygovernment.org



ABOUT CEREMONIES

Ceremonies are powerful tools for transformation, release, embodiment, & intention setting. We are all in physical vessels here on Planet Earth, however, we are anchoring in 5D consciousness into physicality. This requires both energetic & physical work. Ceremonies are the perfect tool which integrates both our energetic intentions + a physical action. This is true manifestation.

Ceremonies are best done for the following:

- transforming lower energetics
- releasing grief or trauma
- anchoring in our higher selves
- setting intentions for manifestations

When we do ceremonies, it is great to bring in the power of the different elements of nature, including the earth, water, fire, & crystals. Use your intuition & guidance on whether to bury your ceremony, burn it, place it in a body of water, or charge it with a crystal.

Burying a ceremony is best used when planting intentions. Burning a ceremony is best used for transforming & embodying. Placing your ceremony in a body of water is best for releasing, cleansing & healing ceremonies. Crystals are best used to energize your ceremony when you are sending intentions out to the planet.

HOW WE DO IT



It is always best to begin with setting your intention for the ceremony. Is this a ceremony for your own release, healing, embodiment, transformation & manifestation? Or is this a ceremony of intention for Humanity or the planet?

Once you have your intention set, then feel into what elements you would like to use in your ceremony. This an organic process and there are no wrong ways to do a ceremony!

Always begin your ceremony with gratitude to Source, your angels, the galactics and/or your higher self. This sets the tone of gratefulness for what your intending.

CEREMONY PROCESS



Step One

Write down your gratitude on the top of your ceremony. Thank Source, your angels & your higher self for everything in your life.



Step Two

Write down what it is you are seeking to heal, release, transform, embody or manifest. You can be as detailed as you would like, but remember to let go of expectations!



Step Three

Write down anything you are seeking help or guidance with, including clarity on a particular situation, help releasing emotions, or assistance with letting go of something in your life.



Step Four

Choose which elements you would like to use in your ceremony and then put all of your heart into the paper and then bury, burn, place in water, or charge it!



CONSISTENCY

The more consistent you are with your ceremonies, the faster your ascension process will go! You can do as many ceremonies as you would like, but remember, after each ceremony we will be tested on what we have asked for or intended for.

Use ceremonies especially on New Moons, Full Moons, Eclipses, Equinoxes, Solstices, & birthdays. These are power days that give us extra magic in our intentions.

SAMPLE CEREMONY



You can begin your ceremony with the following:

"Thank you angels, Higher Self, Galactics & Source for all of the lessons and blessings you have given me. Thank you for your guidance, love and support."

For releasing & transforming add in:

"I ask to release _____ from my physical and emotional body. I ask to transform the following programmings _____"



For embodiment ceremonies, you may add in:

"I intend to anchor in the divine qualities of courage, strength, patience, compassion, etc."

Presentations are communication tools that can be used as demonstrations, lectures, speeches, reports, and more. It is mostly presented.

It serves a variety of purposes.

For intention setting ceremonies, you may add:

"Thank you Source for blessing me with my dreams of manifesting _____"

always end your ceremony with prayers & love for Humanity and the Planet:

"I send love to all of Humanity & pray for the highest outcome for all & the healing of Mother Earth."