# EGO DEATH CEREMONY GUIDE

A GUIDE TO EGO DISSOLVEMENT & TRANSFORMATION



**NETG** 

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# What is the EGO?

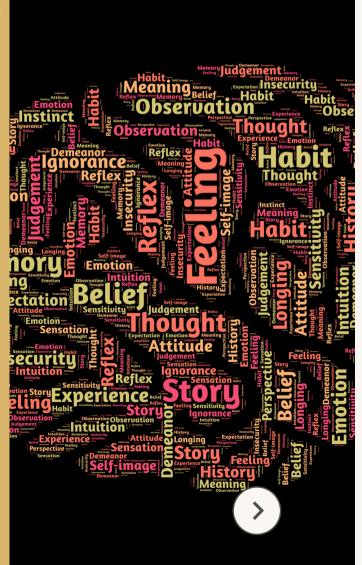


The EGO represents everything love is not. The EGO is programmed to only focus on lower consciousness realities and thoughts. It sees everything as negative. This can be seen by humanity's deep embodiment of shame, guilty, fear, unworthiness, and lack of self-love. The EGO looks at any situation and finds what is "wrong" with it, rather than seeing everything as a miracle and lesson or blessing, as love does. Because humanity is still living in the EGO programming, they can only project and see the negative in everyone and everything around them but they cannot see that they themselves are the problem. That is the ultimate flip.

The EGO can never be satisfied or fulfilled. It seeks external things to fill the hole that can never be healed until it looks at itself and acknowledges all the ways in which it is self-sabotaging through delusion, avoidance and projection. The EGO is a black hole that sucks the life force from the being, and in turn, the being needs to take energy from others around them in order to sustain.

One of the biggest ways in which the EGO tries to fill itself is through food and sleep. This is why there are so many who can eat endless amounts of food but still be hungry, or sleep many hours per night and still be tired. The EGO is a parasite that sucks and sucks without any ending.





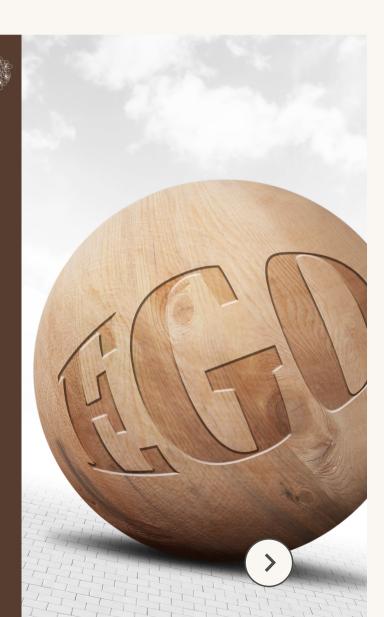
# What is the EGO?



Humanity has no self-sustaining Source connection because they are still in the illusion of separation from God and from the Oneness energies. The biggest addiction on this planet is to energy. This was the product of the EGO program constantly needing to steal energy from others in order to continue to survive. This is done through control dramas and trying to manipulate and power-over others. The EGO feels entitled to things, especially the energy of others. The EGO believes it deserves something from everyone. This is the flip that keeps humanity in lack consciousness and unwilling to give to others. In true reality, everything is an equal energy exchange. Universal law states that when you give, you receive. When one is living in the heart, in love, it gives freely out of love and receives abundance in return.

The ego expects others to do the work, and feels that they have "done enough" or "its not my problem". That is the disease of separation. The EGO is cut off from feeling so it has no awareness of what is going on around them, which is the opposite of love who has full feeling and consciousness in all moments.

The EGO always needs to know things, as it has no trust or faith. It is always asking the same questions when it already has the answers because it wants proof. True love trusts in God and the divine plan and has full faith that they will be taken care of.



## EGO Death Ceremony

Write out your EGO Death Ceremony & include all EGO traits you know need to dissolve. Then burn your ceremony with intention & allow the energy to releasse.

An example ceremony is below:

"Beautiful Angels

I am so thankful for all your Loving support and Guidance. I am so grateful that my E.G.O has died. That all remaining false, illusionary E.G.O programming has been transmuted in accordance with the Highest Will. That my Right brain has overtaken my Left Brain. That my Pineal Gland has come ONLINE and has been activated. Thank you Angels! I love you! I release the following E.G.O traits...."

#### Reflect on the following EGO Traits & which ones you feel you need to transform

ATTACHMENT: To people, places and LACK OF WISDOM

things

LACK OF EXPERIENCE

TAKING: from Humanity & The Planet

LACK OF COMPASSION

INCUBUS & SUCCUBUS ENERGY: The

taking of energy through words, LACK OF PASSION

touch, sex and other abilities

LACK OF PERCEPTION

CHILDHOOD TRAUMA

LACK OF INTEGRITY

CHILDISH BEHAVIOR

LACK OF HONOR

**ROBOTIC HABITS & BEHAVIOR** 

LACK OF EMPATHY

LACK OF FEELINGS

DISRESPECT or HATRED TOWARDS

THE FEMININE or MASCULINE

PREFERENCE TO PAIN & SUFFERING: LACK OF SELF-LOVE

Due to Unworthiness

**UNWORTHINESS** 

**SUPERIORITY** 

IGNORANCE: Ignoring LOVE

THINKING YOU KNOW BETTER

**ARROGANCE** 



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Fire is an important element to use with transformation as fire purifies, releases & renews

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GOSSIP ENTITLEMENT

JEALOUSY SELF IMPORTANCE

VANITY DELUSIONS OF GRANDEUR

LACK OF BEAUTY FANTASY

DESIRE NEEDING TO BE RIGHT

VALIDATION CONTROLLING

WANTING TO FOLLOW OR BE

**FOLLOWED** 

**UNGRATEFUL** 

NO ACCOUNTABILITY

**FAKE** 

POVERTY CONSCIOUSNESS: Always

REVERENCE OF THE MIND thinking in lack

REVERANCE OF ANIMALS ADDICTION TO SUGAR

JUSTIFICATION LINEAR THINKING AND ACTING

PROCRASTINATION EXTERNALIZATION/PROJECTION

BARGAINING PRINCESS CONDITIONING



## EGO Deaih Ceremony

After you burn your ceremony, you will likely experience emotions, triggers & old memories or habits come up. This is the energy coming up for healing as you have brought awareness which allows the transformation of consciousness.

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#### Reflect on the following EGO Traits & which ones you feel you need to transform

*BITCH CONDITIONING	CONTROL DRAMAS

\*ASSHOLE CONDITIONING -INTIMIDATOR

ANAL-RETENTIVE -ALOOF

SEVERE IMPATIENCE -INTERROGATOR

EASILY DISTRACTED -VICTIM/POOR ME

QUITTER

**INCONSISTENT** 

COMPLAINING

**LAZINESS** 

COMPLACENT

REACTIVE

**JUDGMENT** 

DENIAL

