

144,00 ACTIVATION GUIDE

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INTRODUCTION

Many have heard of the 144,000, who are a collective of soul essences that represent the Second Fractal of Creation. These souls were created as the first children of the cosmos by Mother and Father of all Creation. These essences are the blueprint which has seeded all galactic races, including Humanity.

The Creator Gods are God with God. These are God's Children of Creation. All who are incarnated on Planet Earth are Creator Gods who agreed to come in and weave a reality that mirrors their vibration. Those who had the greatest capacity to weave Love and Light came here, and all were hand chosen by Mother and Father for their experience and wisdom.

The oldest Soul Family in All of Creation are the 144,000. These beings have the blueprint of *LOVE* and the *UNKOWN* etched onto their Hearts, and the dysfunction on Earth is guaranteed to be enough motivation to ensure they keep searching until *TRUTH* is found. As evolution and ascension occur, the 144,000 transform chaotic and unorganized matter back into an expression of Love, in flow and balance with All of Creation.

The following message comes from Mother of All Creation:

Breaking into pieces, you stand with whatever is left, the very core of who you are, the diamond, the "filling" AHAH THE TRUE BEING OF LIGHT AND LOVE although you may feel alone as the process unfolds breaking the mind down, it begins falling away because love is present and it recognizes the illusion and starts taking with it everything you "thought" you were and leads you to the heart of the being, feelings rush in as the true being emerges out of the seemingly destruction of a mind in a box, leaving you with the reconstruction to forge ahead in all its grandness, into Divine Intelligence, into Paradise, Heaven on Earth.

The "mind," which projects outside and has low vibrational thoughts and therefore cannot exist in the Upper Realms of True Reality which is 100 times Grander than Fantasy or Fiction, dissolves so that the Divine being can raise up into the True Divinity from within, and begin once again "feeling" instead of "thinking" taking the true being into a collective consciousness, a God Consciousness, only the mind thinks [projects outside] and the heart feels from the inside, where God is there within, for if God were to hide anywhere would he/she not be within the Heart?

Diamonds have beauty and elegance, they shine bright and each facet holds its own uniqueness. Each of us have a beautiful diamond inside, waiting to shine on the planet. We each are the miracle, the magic, and parts of this whole magnificent design. As we fall apart to be put together again SO WE stand together as ONE, we then assume our roles in the divine truth of our existence, which has no limits, boundaries, or edges, we arise as a whole beautiful Diamond, just like the SUN! The Grandness of just being, then outshines, and true love fills all the space, all the gaps of being present in the light and cannot be denied.

The natural state of the Sun is Brilliance, and the Sun's Brilliance is always in the present moment as it Shines, because it is being true to itself, being true to oneself is the love within and pouring it outwards, living inside out, and then outside back into love, all of creation, love everywhere present.

Falling away, the old gets released back into creation, and then grace is given as each light stands as a pillar of TRUTH. When we go deep inside, we discover the diamond of ourselves, this magical miracle of being present, shining bright, we forge ahead, displaying our brilliant lights forth into a new story of Love, forever after as ONE, and uniquely expressed within the new Earth, The Kingdom of Heaven, The Eden, in which together, we will co-create in the Divine."

Currently, many of the 144,000 have incarnated here on Earth for the mission of Ascension. These souls are not "better than" or "higher than" the rest of Humanity, they are simply carrying the cosmic blueprints necessary to activate all of Humanity's DNA. Each essence of the 144,000 carries unique codes and missions.

Many of you who are part of the First Wavers of Ascension, are part of the 144,000 and carry these codes for Awakening. Part of our mission is to remember who we truly are, reconnect to Source, the Divine Mother, and to assist in anchoring in the blueprint of the Mother/Father here on Earth. To restore the balanced harmonics energy and heal the rift between the Divine Masculine and Feminine. By doing so, we come into our Higher Self embodiment and bridge the gap between Heaven and Earth.

BACKGROUND

Mother of All Creation, during her physical incarnation from 1975-2021 received downloads along her mission regarding these implantations, experimentations and distortions that were programmed into Humanity. She identified the EGO programmed mind virus that was implanted into Humanity's consciousness, along with various etheric implants that were affecting our ability to awaken, heal and embody our Higher Self.

In 2014, Mother was guided by both Kryon and St. Germaine to design the Etheric Surgeries to remove these distortions and implants, as well as the Angel Chip Activations to assist in activating our dormant DNA so that we may reconnect with our Higher Selves.

She performed these surgeries and activations for over 2 years through thousands of sessions. In January of 2020, prior to the pandemic lockdowns, the Galactics guided her to once again begin these sessions in anticipation of the mass injections. She further trained us, the First Contact Ground Crew Team, on how to facilitate and perform these surgeries and activations so that we could carry on this work.

Mother of All Creation, along with the Galactics, were able to complete surgeries and activations for all 8 billion of Humanity between 2020-2021. However, in 2021 the implantations and injections became "mandatory", and many were reinfected.

Following guidance from Mother and the Galactics, we resumed Group Surgeries and Activations between January 2023-March 2024. We then received the guidance that all of the group surgeries and activations had been completed, however, we were then guided to put all of this information and work together in written form in order to give all of Humanity the proper training and protocols to invoke these surgeries and activations themselves, as needed, and to assist others in the process.

This process will be especially important for those who have culminated many injections, implants and toxins from physical vaccines, pharmaceuticals, or other surgical implants. For those who are invoking the Surgery to assist with detoxing from these specific things, we highly recommend coupling the surgery process with the following detox protocols:

- ~Garlic Cleanse (1 raw clove chopped and eaten for 7 days)
- ~Heavy Metal Detox (activated charcoal or other)
- ~Parasite Cleanse (brand of your choice)
- ~For heavy duty detoxing, we recommend Chlorine Dioxide

SUPPORTING DOCUMENTATION

The following are excerpts from the Interviews with Dr. Neruda, first published in 1998, which confirm and support the information in this guide. Dr. Neruda disclosed so many truths regarding the history of our planet and the Atlantean/Annunaki experiments that created the EGO programmed mind and subsequent implantations to further distort and enslave the consciousness of Humanity. Dr. Neruda specifically made contact with the Wingmakers, who are our future selves, who have left valuable codes and information to activate our DNA during this time.

the Wingmaker chip is discussed in the Angel Chip Activation Chapter.

This entire interview can be found freely online at www.Wingmakers.com.

“By Sarah

What follows is a session I recorded of Dr. Neruda on January 2nd, 1998. He gave me permission to record his answers to my questions. This is the transcript of that session. This was one of five times I was able to tape record our conversations. I have preserved these transcripts precisely as they occurred. I've tried my best to include the exact words, phrasing, and grammar used by Dr. Neruda.

Editor's Note: This interview (number five) has been unpublished until March 2014. The reason is based on Dr. Neruda's timing; the specific reasons for this timing have not been communicated.”

****5DFD Note:** You will notice that this interview was not published until 2014 as Dr. Neruda instructed the interviewer (Sarah) not to release this information until the right time. March 2014 is when Mother of All Creation began doing Etheric Surgeries and Angel Chip Activations, further confirming the divine timing of this information being released.**

Dr. Neruda: “The earth began to materialize more and more. It began to harden in a sense. The gold with it. The earth, and everything on it, was solidifying. The mining of the gold would soon become impossible for the Anunnaki, because they’d be unable to mine the gold if it were in a dense, physical state.”

Sarah: “Why not?”

Dr. Neruda: “Their bodies were etheric. They could not mine the gold if it was physical. They needed to have bodies that would be able to operate on earth and mine the gold.”

Sarah: “So the Anunnaki created a physical body to mine gold. You mean like a robot or are you saying these were humans?”

Dr. Neruda: “No. These were the equivalent of ape-men; they were pre-human by a long shot. But they were our predecessors. We sometimes refer to them as Human 1.0.”

Sarah: “But were they robots or biological?”

Dr. Neruda: “They were completely biological, but Human 1.0s were not fully physical. They were partly etheric. You see, the Anunnaki and Sirians designed them to synchronize with the evolving densification of the earth. So as the earth solidified, so did the human instruments.”

Dr. Neruda: “It’s a very complicated subject. The WingMakers wrote about the implantation of programs inside the human uniform—even version 1.0. The Sirians were mostly credited with this invention, but it was the offspring of Anu ^(leader of the Annunaki) that really perfected these implants by programming them.

“The human uniform version 1.0 was designed by the Anunnaki, the implants were designed by the Sirians, and the programming of the implants was designed and evolved by a being known as Marduk.”

Dr. Neruda: “Well, first, these were much more primitive than Neanderthals. But the answer is in the implants. You see, the biological entity or ape-man, as we’re referring to it, was not able to operate in the physical world. They needed survival skills, how to eat, how to hunt, how to clean themselves, how to even move their bodies. All of these very fundamental functions were necessary to actually include or program into the vessel... which was the purpose of the functional implants.

“The implants were akin to the brain of the Human 1.0, but it wasn’t just in the brain. These implants were placed inside the body within various parts—like the chest area, middle back, wrists, ankles, etc. The primary ones were contained in the skull. But generally these implants were networked to operate from the head or brain area.”

Sarah: “Why do you say the head or brain area and not simply the brain?”

Dr. Neruda: “Because it wasn’t in the brain. Remember that Human 1.0 was still part etheric and part physical. The implants also needed a similar consistency or sound vibration. They were placed into the bone or skeletal structure mostly, and some in the muscle tissue. These functional implants fused into the muscles and bone, including the DNA. The WingMakers put it this way: the DNA integration was for the intelligence of the plan; the muscle tissue allowed the life essence to power the functional implant.

“There was a central coordination point, and that was in the brain, but the implants were located throughout the body. This was an integrated system that was installed in the human uniform to allow it to be controlled, monitored, and programmed over time. It was the evolutionary stick and carrot.

“Doing it this way allowed the early humans to dig out gold, which, as I said, was their primary purpose initially.”

Sarah: “I’m sorry to sound like a broken record, but I still don’t get how such an advanced race as the Atlanteans could... power these ape-men and become slaves. It doesn’t make sense to me.”

Dr. Neruda: “You have to understand that the implanted functionality was partly to make the Human 1.0 and its power source—the life essence of an Atlantean—to function efficiently and effectively as miners. That was the prime goal. The second, however, was to suppress the power source, or in this case, the Atlantean beings inside the human vessels.

“They did this by making the power source ignorant of its origin and the reality of its true expression as an infinite being. When the Atlantean beings were placed inside the human uniform, they were essentially 100 percent focused on physical survival and functional performance. There were no relationships. No marriage. No reproduction. These were essentially cloned beings. They were all the same in terms of their appearance and abilities. Human drones, piloted by implanted functionality that the Atlantean beings inside became associated with, as *them*. The infinite inside the body believed it was the body and the implanted functionality, and nothing more.”

Dr. Neruda: “Let me be clear, these beings—the Atlanteans—were infinite, meaning they did not have spacetime regulation. They lived after the body died. However, the Anunnaki created a set of planes or dimensions of experience that was the equivalent of a Holding Plane, that’s what the WingMakers called it, where they could be recycled.”

Sarah: “Recycled... as in reincarnation?”

Dr. Neruda: “Yes, later on this became the basis of reincarnation. It allowed the Anunnaki to recycle the Atlanteans. Some aspects of the implanted functionality were interdimensional, which is to say, it could assist in the delivery of the beings to the proper location within the Holding Planes of consciousness, and assist in their reincarnation back into a new vessel.”

Sarah: “But you said that they... the ape-men didn’t have reproduction?”

Dr. Neruda: “Not in version 1.0. These were very basic. But the Anunnaki could create them in large scale, so when one human uniform expired—let’s say they had a mining accident—another would be made. These were clones. The ability to self-reproduce came in version 2.0. That was mostly because the amount of effort required to manage this process was enormous, on the part of the Anunnaki. They wanted to create an automated system, something that wouldn’t require them to orchestrate all of the variables. So the Sirians helped them to create the implants that could propagate through reproduction. This enabled automation of the recycling of the beings from the Holding Planes to be born into the physical dimension through a baby.”

Sarah: “I understand how the Atlanteans were suppressed in the Human 1.0 because of the implants, but why did they go there? If they didn’t volunteer as you suggest, how did they get forced into slavery when they were previously these powerful, sovereign beings?”

Dr. Neruda: “We don’t know exactly how it happened. The record we read was not specific on this topic. But the tone, or word that was used, was that the Atlanteans were naïve. They had no reason to think it would be possible to become enslaved. It would be like a concept that was never used in their culture. No one ever did that... nor could they. You can’t enslave an infinite being, unless, of course, you lock them into a human uniform. And that was the cunning of the Anunnaki and their Sirian partners. They launched this attack from such a bizarre angle, that the Atlanteans couldn’t see it coming. I think it was an ambush or surprise attack.”

Sarah: “You said earlier that the Human 2.0 could reproduce. How long of a time existed between 1.0 and 2.0, and what were their primary differences?”

Dr. Neruda: “Human 1.0 rose to a pretty high level in terms of being able to speak or communicate. That was the major add-on that Marduk brought to Human 1.0. However, the psychological state of being a clone was too hard for Human 1.0. They all looked alike and had the same thoughts, so communication was helpful to a point, for example, coordinating a task, but actually having individual ideas... no. And this led to depression and psychological states where, according to the WingMakers, they literally went mad.

“This flaw was a huge problem. Anu decided to wipe them out, and this is the story of the great flood. Marduk managed to save some of the Human 1.0s from the flood along with other flora and fauna, but it was the end of Human 1.0.

“Human 2.0 was then created. This was the stage where the humans could self-reproduce. And when this happened, some of the Anunnaki impregnated female humans and brought in their bloodlines to the human species. This began the variations. This began the idea that humans were no longer clones. The concern, however, was that Human 2.0s might become too powerful and self-aware. What if the Atlantean power source became aware that it was an infinite being?

“This was when Anu decided that he should be God. Humans needed to have a lord or ruler over them so it was clear that they were inferior to an external ruler. This was a key part of their program of indoctrination. Working with Marduk and the Sirians, they created the environment of Eden and created the paradigm of Eve as the instigator of the fall of humanity. This was, you might say, Act 1 of Anu as God. It was staged to provide the Human 2.0s with a clear sense of an external authority, and that they were expelled from Paradise because they tried to be self-realized.

“It was like rebuking humanity with the fist of an angry creator who wanted his creation to remain identified with their human uniform. Kind of like saying: “Do not think for a moment that you can be like me.”

Sarah: “So I guess the real question is, if you believe this, what are humans today? Are we simply more of the same? Are we Human 2.0?”

Dr. Neruda: “When I said the human uniform evolves, it does, but this evolution is on a track, a pre-programmed track. The intent was to have Anu return on a ‘cloud,’ the whole Second Coming was going to be the staged entrance for Anu. Humanity would evolve in such a way that his reentry into our consciousness would be understood to be a good thing. Humanity’s salvation. We would all be his children, and the glory of god would be upon the earth. That was the plan. From before the time of Jesus, that was the plan.”

Sarah: “I’m trying to wrap my mind around all of this, but I’m finding it very hard to believe that human beings are simply uniforms for a programmed existence.”

Dr. Neruda: “Let me go back to your previous question about what humanity is now. The functional implants of the human interface are perfectly integrated within the human vessel. They operate seamlessly. So seamlessly, we do not know that they are not us. We have no choice in a way. We think our thoughts and emotions are us, that this spacetime is what our thoughts and emotions exist in. Even the thought of a God, heaven, hell, soul, masters, all of these things, they’re part of the program.

“It is integrated in both the dimension of the earth plane and the after-life. The after-life is part of the deception.”

Sarah: “Tell me more about this interface and its functional implants.”

Dr. Neruda: “The eye-brain was the key element that the Anunnaki needed to design to make the functional implants operate. This is in Human 1.0. In Human 2.0 it was the DNA. Once this was achieved, the Sirians could design the consciousness framework—the human consciousness. Human consciousness is the key to suppressing an infinite being. Human consciousness, or the triad of consciousness, is composed of three interactive layers.

“The first layer is universal mind or unconscious, and this forms the link between the individual human and the entire species. This layer is what enables all of us to see what everyone sees, feel what everyone else feels, know what everyone else knows. It is the perfect way to unify a species in separation. In fact, that is the way we feel unification, through the unconscious mind.

“The next layer of consciousness is the genetic mind, as the WingMakers refer to it, or subconscious, in the case of Sigmund Freud. This forms the link between the individual and their family tree or genetics. This is where bloodlines are expressed.

“And then there is the conscious mind. This is the unique individual perception and expression—what most of us call our personality and character, which is built on this layer.

“The conscious mind of the individual is heavily influenced by the genetic mind, especially between birth and the age of seven or eight. By that time the influence is all-encompassing. Remember that the Anunnaki created the biological form—the body, the Sirians created the functional implants, and Marduk executed the programming of these functional implants so they would evolve along a programmed path, leading to the return of Anu. This was expressed in the hierarchal structure of humanity that speaks of god and masters in religious and esoteric texts.

“This was all part of the design, to create various religions and esoteric cults that would support a vast Hierarchy and order the human species into master-student relationships, and then create a multi-leveled afterlife that would reward those who believed and were obedient to their god or masters.

“You see, the whole principle that was behind this entire endeavor could be summed up in one word: separation. Everything exists in separation within the earth plane and its afterlife planes as well. But, according to the WingMakers, what is real is that we are all imbued with equality and oneness—not through the unconscious mind, which only links us in separation, but rather through the life essence that is us. And this life essence is sovereign and integral. It is I AM WE ARE. No one is above, no one is below. No one is better, no one is lesser.”

Sarah: “But you’re saying everything is a lie? *Everything...* I mean everything we’ve been taught to believe in is a deception! How is that possible... or ... or even believable?”

Dr. Neruda: “It’s possible because the beings that have enslaved humanity designed a world to which we adjusted over eons of time. We evolved into it in such a manner that we became lost in our world. The veils that have been placed over us are opaque. So much so that people operate as human uniforms unaware that everything around them is illusory. It is a programmed reality that is not real.

“The WingMakers say everything is simply sound holographically organized to look real.”

Dr. Neruda: “Each person can step out of the illusion. There is no master here. No god is going to come down and make it happen for us. No ETs. No one. It is each of us. This is what is meant by I AM. *I...* it’s like One. One—me, and one—all of us unified. AM, meaning exist *now*. In this moment. Not in history or memory. Not in some future time or goal. *Now!*”

Sarah: “It doesn’t feel real to me. I was raised a Christian. I have no reason to believe that Jesus was an inside... agent for this plan of deception—”

Dr. Neruda: “I’m not saying he was. Many of those who have come to earth as human teachers have tried to reveal how deep and broad and high this illusion has been made. It is as far as the edge of the universe and as close as your DNA. Everywhere in between is illusion. Jesus came to reveal much of this, but the writers of the Bible decided what would be acceptable within the paradigm of life as we humanly know it. They elected to make Jesus a part of the deception. They saw it was time for a redefinition of God to accommodate an evolving Human 2.0. God was suddenly a loving father, and all of humanity was brother and sister.”

Sarah: “So you’re saying Jesus was aware of this deception, but his words weren’t included in the Bible?”

Dr. Neruda: “Our opinion was that his words were so against the conditioned beliefs that people could not understand them as he said them. And so, over time, they were translated into the form you know them today. The Biblical translations simply lack the original potency with which he said them.

“Besides, there are two methods that can make exposing this illusion a very difficult proposition.”

Sarah: “What do you mean?”

Dr. Neruda: “The first is that the unconscious mind system is inside everyone. It’s like a field of information that everyone can access. It can affect or infect everyone. A revelatory idea can be passed to a small number of people, but it lacks sufficient influence to generate mass awakening. So there’s unconscious mind inertia.

“The other, and this is more pernicious, is that the functional implants are programmed, and like any program, they can be upgraded or even turned off.”

Sarah: “But what about the ones who are enlightened or spiritual masters—they’re all made up?”

Dr. Neruda: “No, it’s not that they’re made up. They exist. It’s just that their existence is within the human interface or functional implants. They exist there. We, us, the being that is I AM, that being is not of that reality. It doesn’t really exist inside the holographic stage that was created by interdimensional beings millions of years ago; rather, it is being used as a power source that animates the human interface or uniform. Over time, we’ve spiraled deeper and deeper inside of this created world, complete with its afterlife and different planes of existence.

“You could look at it this way: Anu installed a program inside the Human 2.0 and in this program, humans would evolve from knowing absolutely nothing about their world, to knowing god. Humans were designed to have god consciousness—meaning, to have the same understanding and awareness as Anu. But then Anu took this evolutionary line and positioned god consciousness so far out into the future that humans would essentially be chasing this god consciousness forever. They’d be chasing shadows, because until they awaken from the deception, the only god that exists in that world is Anu.

“Once awakened as I AM WE ARE or the Sovereign Integral, a human being lives as an expression of this consciousness. According to the WingMakers, no one has achieved this at this time. It is, however, our future to live in this consciousness in a human instrument.”

Dr. Neruda: “Human 2.0s and earth continue to densify. We become increasingly three-dimensional. We are actually denser now than we have ever been—in terms of physicality. There was a time, about forty years ago, when we thought alien races were actually leaving spaceships behind on purpose, but what we discovered, more recently, is that most of the aliens were not physical beings. They were observing earth, and their spaceships actually became entrained by the gravitational circuits of the earth’s core, which caused their spaceships to materialize in three-

dimensional space. Because many of the materials used in the ships' construction had chemical properties, they were prone to densification when exposed to earth's atmosphere."

Sarah: "You mentioned the earth's core as being the cause of all of this, what's so special about it?"

Dr. Neruda: "The magnetic fields associated with earth's core are unique. They are, in the words of the WingMakers, 'alive.' We can only assume that *alive* is an aspect of intelligence.

"The point in this, however, is that everything's densifying. It is compressing. It is compressing for a reason: the old systems can fall in unison when density reaches a certain critical mass. And that is what will happen."

Dr. Neruda: "All I will say is that the WingMakers term for this is SIN, or the Sovereign Integral Network. SIN is the definition of the new system. They said it can come in an instant once the right conditions are in place. What is unclear is how SIN develops after The Grand Portal and Human 3.0."

Sarah: "That's the first time you've mentioned Human 3.0. What is it?"

Dr. Neruda: "If human beings are trapped in a prison of illusion, as Human 2.0s, and their interface to the holographic universe is the reason for their being trapped, then a new model needs to step forward. Human 3.0 is this new model. It is the formula of self-realization. It is stepping out of the constructed universe or reality, and living as a self-expression of I AM WE ARE. Human 3.0 is the Sovereign Integral. I call it Human 3.0 SI.

"You see, The Grand Portal is a way to synchronize humanity to a new inception point where it is living in the expression of oneness and equality, sovereign and integral, I AM and WE ARE. It is a way for humanity to move from separation—which was its previous inception point, the one that generated Human 1.0 and 2.0. Human 3.0 SI will have a new inception point, and the reason for The Grand Portal was to enable synchronization, because how can you have a network of equality and oneness if the beings were not synchronized?"

Dr. Neruda: "Each individual being is responsible for this. God or Source Intelligence isn't going to come down from the heavens and correct human faults or obstacles. Humans need to take responsibility for this—"

Sarah: "But seriously, how? We're wrapped in so many layers of deception—"

Dr. Neruda: "It's not easy. The WingMakers write about the heart virtues as the behavioral construct for this time, and how these words can be applied and lived, not simply held in the head as a worthy concept."

Sarah: "I don't think you've mentioned these before. What are they?"

Dr. Neruda: "Appreciation or gratitude, compassion, humility, forgiveness, understanding and valor or courage. It is the combination of nowness—being in the now—and applying these words in our behaviors. It's being impeccable in this practice."

Sarah: “What happens if you do?”

Dr. Neruda: “The unconscious mind is a doorway into all beings. These behaviors go out to all beings. They support the building of the Sovereign Integral Network Human 3.0, which is the replacement of separation consciousness of Human 2.0. So this is the application of insertive behavior, which is to say, I will insert these behaviors in my nowness. They will become the palette of my behavioral choice.

“The other half of this equation is the resistive behaviors, and these are withdrawing and stopping behaviors that support separation and deception. These are active resistances. Saying ‘no’ to behaviors of your own and others, without judgment.

“Again, whether you operate in the insertive or resistive behavioral mode, you are affecting the whole. You either support oneness and equality, the I AM WE ARE, or you support separation and deception, also known in our reality, as the status quo.

“The starting point of behavior or expression is in the now. This is the creative nerve center. Every single now is a potential to support oneness and equality in this world and help birth the Human 3.0 and the Sovereign Integral Network.”

Sarah: “And the next upgrade to Human 2.0 branches out like a fork in the road. One version of Human 3.0 goes down the path of technology integration... or transhumanism. The other version, 3.0 SI, is a more organic process of using behaviors to support this process of becoming a Human 3.0 or Sovereign Integral, and then becoming part of a network of these Sovereign Integrals. Is that correct?”

Dr. Neruda: “You have the general idea, yes.”

Sarah: “And the Triad of Power wants Human 3.0 to go down the path of technology integration, because that is how they are programmed... to emulate their god, Anu. Right?”

Dr. Neruda: “Yes.”

Sarah: “So it’s kind of like humanity sits at a crossroads. On the one side is the Triad of Power that is programmed to develop Human 3.0 as a... a cyborg, I guess, and the other side is the future existence of humanity urging us to do it internally, one person at a time, through a behavioral process. I guess the part that’s missing for me is the role of The Grand Portal, which remains unclear. I thought it was a technology that proved the existence... the irrefutable scientific existence of the human soul. How does that figure into this?”

Dr. Neruda: “There are humans here who are designers of the new unconscious mind that will bridge human populations everywhere on the planet to feel and express equality and oneness. It will connect humanity in the I AM WE ARE consciousness, instead of the separation consciousness. It will not be based on Hierarchy. That deception is coming down.

“One of the things that was never disclosed in the materials—including my previous four interviews, is that certain information was to be withheld. Some information was even veiled to not raise the ire of the Triad of Power. This information, the fifth interview, will not be disclosed in the same timeline as the previous four.”

Sarah: “Why?”

Dr. Neruda: “The designers of the new unconscious layer of the Human 3.0 are on the planet now. They are doing some of the preparation required to move humanity—who will be sitting at the fork in the road in the next forty-fifty years—to choose the I AM WE ARE path.”

Sarah: “So I can’t release this interview?”

Dr. Neruda: “No. When it’s time, I will contact you.”

Sarah: “But you said the WingMakers were a future representation of human beings—presumably, from this disclosure—version 3.0. Right?”

Dr. Neruda: “Yes, but there is programming within the human interface where the functional implants are networked as a system, that will tune out certain information. A person will hear it, but they will not act on it. They will hear it, but they will object to it. They will hear it, but they will not share it. All of these programs were created—not originally, but they can be upgraded... the program can be updated with new instructions. It makes cracking into this reality—exposing it for what it truly is—a very difficult proposition.

“This is why it requires a degree of stealth. The deception is so thick and opaque in this reality, that the ones who are trying to come into the prison and create a crack in the wall... they also have to use a form of deception.”

Sarah: “Why?”

Dr. Neruda: “The programming, Sarah. If the pure-state information was given out, and it contradicted *everything* that people have been told to believe, if it was the literal reverse of what was logical and acceptable in this world, who would listen? The WingMakers needed to awaken certain people to bring them inside their information field, to warm them up to the truth. It has to be done in degrees for the vast majority of people.”

Sarah: “All of it. It’s all fucked up... and we did it.”

Dr. Neruda: “Whatever it is, it’s important to know what’s behind the deception... to look with sober eyes on the truth. It may not be a beautiful picture to be sure, but how else do you realize your own truth until you know the truth of the big picture? So, however screwed up it seems, it is an inception point for the individual to redefine themselves.

“Would you rather stay in the illusion of a soul in a human body that will be saved by God, ascend into heaven and hang out with angels who strum harps? That whole idea is repulsive once you know

this. That picture is based on separation, selfishness, lack of empathy and understanding. Or, you can simply say it's all a big illusion, including the notion that we are infinite beings, and that when you die, you're done.

“The part of this new picture that is promising is that we exist infinitely despite the fact that we have been suppressed and enslaved. We also can play a role in supporting this redefinition of the human being through our thoughts and behaviors. And maybe most importantly, we have the WingMakers—our future selves—providing us with evidence that I AM WE ARE prevailed.

“When I first read these materials, these were the things that provided some sense of hope, and I share them with you, for what it's worth.”

Dr. Neruda: “In today's world we have programmers who can write code that take the user of that code from one experience to the next. It moves them from point A to point B. Programming is an aspect of time. It's a directional process.

“You're aware of hackers. They come in all sizes. Earlier this year a fifteen-year-old kid hacked into the US Air Force. Even Microsoft is finding it impossible to protect its NT OS. The hacker mindset is again a manifestation of separation. It is a polarity. A mind game of sorts, complete with ego and sometimes greed. Mostly, it's a reminder that whatever's a fortress remains vulnerable. The program that Marduk created is similar in concept to our software programming, but infinitely more complex and advanced. However, as any hacker will tell you, anything can be hacked with the right technology and skill.

“Our programs have been hacked. We've been altered. We're not connected in the same way to the grid lines that rule this hologram that I called Bubble One, a little earlier.”

Sarah: “Who... who did the hacking?”

Dr. Neruda: “I can't give you a name. I don't know. I've been told that there're many resources that are being used to create the crack in the wall, and then, from the inside—that's us, humanity—we'll push the wall down collectively and walk out of this prison. We're part of the crack.”

Sarah: “The amount of change that's coming sounds overwhelming.”

Dr. Neruda: “If there's one thing I've learned in this interaction with the WingMakers, there is a programming track, and then there is a super consciousness track—the latter is involved with how quantum reality membranes intersect and can create chain reactions that ripple across every dimension. These chain reactions are guided by event strings designed by beings from very high dimensions.

“As I previously said, every being has the I AM sovereignty, but they also possess the WE ARE integration. As the I AM asserts itself through the expression of behaviors—either resistive or insertive—the I AM disentangles itself from the program, the Human 2.0 interface. It begins to reconnect with the WE ARE frequency or the tone of equality as the WingMakers have referred to it. It broadcasts this through the unconscious mind or universal field, making it easier for another being to touch into this same perspective and adopt these behaviors.

“My point is that either the designers of the higher dimensional planes or humanity as a collective could potentially accelerate or decelerate The Grand Portal.”

Dr. Neruda: “Preparation is willingness to change. It is a lack of fear to embrace a completely new paradigm, and just as much, to release the old.

“If a person is poorly prepared for this information, they defend what this information tears down, which is nearly everything. They are not prepared to step into the vacuum of change that this information brings into their life.”

Sarah: “But why?”

Dr. Neruda: “It requires a lot of responsibility to accept this information. This information is unsettling because you are on your own. *We* are on our own. There is no savior or army of angels or ETs who are going to collect the good and bring them to their heavenly home. This also requires work. It is behavioral adjustments. It is impeccability. It is authenticity. It is attentiveness. It is caring. It is not a party. It is not surface cosmetics. This is the sober journey into self-realization no matter how that realization appears. It is a commitment to that premise. You don’t say to yourself, ‘I’ll walk that path, but only if I get to go to heaven and rest in paradise with beautiful souls all around me’. That’s not this path.

“For those who want that path, they can subscribe to the religion or cult of their choice and find those kinds of promises aplenty. This information is for those interested in breaking through to their true self and in doing so, not to rest and relax... or... or party and enjoy, but to serve truth through their behaviors until everyone crosses into that reality of oneness and equality from which we came.”

Sarah: “Okay, but then how do we become aware of it?”

Dr. Neruda: “A person must understand that they are being programmed... that’s a starting point. If you don’t accept this basic premise, then why would you choose to change? If you do, then observe the programming inside you, within others in your environment, the larger world, and begin to see how subtle this programming is.

“In many ways, to observe this programming requires us to be neutral, so we can simply observe our internal states and the messages therein, as well as those of the external program, which come via television, the Internet, email, newspapers, magazines, direct mail, and so on. It isn’t critical that you know how every program is expressed into your life or what its esoteric meaning is. What’s important is that you understand you are being programmed and you seek an internal source of direction, inspiration and movement.

“The Sovereign Integral process is focused on you—the individual—directing your own self—life essence—to express itself in oneness and equality. That’s it. If you do this, then you are releasing the hold of the programming. For some this can be done quickly, and for others it might require more diligent practice.”

Sarah: “What happens if we see separation, but still don’t have the motivation to make the changes in our behaviors?”

Dr. Neruda: “The functional implants of the Human 2.0 interface are seldom easy to release. They will hold on to your life essence as long as they can. They want to drive the human vessel, not hop in the backseat and watch as mere passengers. That’s against their program.”

Sarah: “So talk about this resistance from the functional implants. How does it manifest?”

Dr. Neruda: “I’m sure it’s an individual thing. I don’t pretend to know how it is for anyone else. I can tell you from personal experience that I initially dived head first into this process and rearranged my life. I thought I was doing a good job, and then a week or two later, I found myself back to square one, exactly where I’d started. It felt like amnesia. It was as if I had forgotten I was even doing a new practice. Admittedly, in my case, I had a lot of distractions in my life, but everyone can probably say the same thing.

“So I think this tendency, to return to the habits of the consciousness system inside our 2.0 interface, is the main way that resistance is expressed. Change, of this scope, is not an easy proposition. The Human 2.0 mind doesn’t like the backseat.”

Sarah: “So what did you do, to return to the Sovereign Integral process?”

Dr. Neruda: “Well, for me, I needed to direct the techniques inward.”

Dr. Neruda: “There is no other prison inside the prison. We’re all in the prison. All of us are prisoners, even those who are in the Incunabula. There is no one who stands inside the prison walls and truly knows oneness and equality.”

Sarah: “But then how does it change, if no one knows this?”

Dr. Neruda: “It’s a process—both for the individual and the human race. We work on it, together. We resist behaviors of separation and insert behaviors of oneness and equality. We disengage from the thoughts, ideas, beliefs, principles, people, organizations, currencies, food, clothing, fashion, toys, and everything else within the Hierarchy whose roots are nourished by separation.”

Sarah: “When you put it that way, it sounds daunting, even impossible.”

Dr. Neruda: “It has to be done, and it has to be done by us. The question is, if it has to be done, when does humanity want to do it? Now? A hundred years? A thousand years? Ten thousand years? The WingMakers are clear about this in their writings that if we wait until after Human 3.0, when man and machine become integrated, it will only become more difficult. Enslavement of life must end, at all levels.”

Sarah: “After hearing all of this explanation—not just about God... Creator, but the whole interview tonight, why couldn’t it have just been released as it is defined in this interview? Why even release the first phases if they lacked this context?”

Dr. Neruda: “I’ve tried to answer this already... let me put it this way, but understand that this is speculation, so take it as such. There’s no assurance that this will get released or stay released. That’s one reason. There may be other individuals that need the earlier phase information, because it bridges their current beliefs better than the later phase information. That’s another reason. Remember, this is as much about redefining the unconscious mind as it is anything else. The unconscious mind is the ‘backdoor’ that the Anunnaki left open in their designs. That’s where the hacking vector can come in, and that’s how the WingMakers information was brought in.”

Sarah: “What do you mean by hacking vector?”

Dr. Neruda: “The WingMakers are hacking the program of our consciousness framework as designed by the Anunnaki; programmed internally in the DNA and functional implants by Marduk; and programmed externally by the Hierarchy, a.k.a. the Illuminati, Globalists, New World Order elite, Bilderberg Group, etc.

“The WingMakers must come into these programs from vectors that are less protected or defended by censors, and have the potential for quick spread. Bear in mind, that while the functional implants of the Human 2.0 interface are programmable, should they become hacked or altered, they can be upgraded or patched just like software. So the ideal method to enter the human domain is to enter through a backdoor, appear harmless, even part of the order, and then quietly seed a fractal process that can spread through the unconscious mind layer.

“That vector is not altering the program from the hardware or software perspective. It utilizes the consciousness framework in the Human 2.0 interface without changing its programming. It’s like an app riding on top of the operating system. It needs to be invisible until certain conditions are met. Once those conditions are met, it can be released, and once it is spread, it cannot be stopped.”

Sarah: “I don’t see how people will be able to do that. Maybe I’m a pessimist, I don’t know, but will enough people really be able to do this?”

Dr. Neruda: “At the heart of this whole situation is a single reality, and that reality, as hard as it may be to touch, is that we are infinite beings. Everything that is of spacetime is within the Hologram of Deception. Everything.

“Which reality do you believe is more powerful and lasting?”

Sarah: “Whatever is infinite...”

Dr. Neruda: “Don’t believe the programming that you are powerless. The Sovereign Integral process demonstrates that you are not merely a programmed life existence.”

HIGHER SELF EMBODIMENT PROCESS

The Higher Self embodiment process/the Ascension process is a two- fold process. These processes occur in conjunction and are also happening simultaneously. The first part of the process is the emptying out, clearing + purging of all dense energy, toxins, distortions, programming and wounding. In order to be able to embody the Higher Self, our vessel must be cleared of all lower frequencies, which are in direct opposition to our soul essence.

This work is known as the EGO Death Process. The EGO was a virus that was implanted into the consciousness of Humanity by the Dark in order to enslave us. The virus creates fight or flight, fear, pain and suffering. This virus keeps us living in the FLIP, the opposite energies of Heaven, love and unity consciousness. This was a necessary tactic in order for the Dark to maintain control of this planet.

The more we are able to clear out, transmute and transform, the more embodiment of the Higher Self we are able to anchor and the higher state of consciousness we can attain. This makes way for the second part of the process, which is the dormant DNA activations. This is the process of recovering all aspects of our essence, reclaiming our divine powers, and returning to being God with God.

As this process is often happening in conjunction, we go through many layers of the releasing and then anchoring. This process continues until we are able to embody and anchor the entire Higher Self, which will complete with the Light Body or Crystalline Body.

In order to assist us in this process, the Divine Mother and the Galactics have designed two protocols that support both sides of this Ascension Process.

The first protocol is the Etheric Surgery. This protocol is essential for the clearing, purging and repairing process to keep our etheric and energetic body in pristine condition. The physical ascension process is tough on the bodies, including the emotional and mental bodies. The Etheric Surgeries are designed to remove all inorganic material, toxins, and density from the energetic body, as well as to make repairs to the energetic body that are needed during this process. This also dissolves all lower chips/implants that are affecting or distorting our energetic system. This assists with clearing the density from Humanity at large, especially through our ancestral line.

The second protocol is the Angel Chip Activation. This protocol assists us with the GOD DNA and is designed to activate all aspects of our Higher Self so that we may integrate our soul's essences back into wholeness. This process also catalyzes the activation of the dormant DNA, which assist us in reclaiming our soul records, innate gifts and skills, and making contact with our Higher Selves. Since all of Humanity's DNA is connected through a web of light, we are also assisting in activating all humans across the planet.

ETHERIC SURGERY PROTOCOLS

The Etheric Surgery is an energetic body healing that is overseen by your Higher Self, the Divine Mother, Galactics + your angel healing team. Your Angel Team will cleanse & clear your energetic body of all density, damage & make repairs to the energetic field.

The Galactic Surgeons, overseen by the Divine Mother, perform various 5D healing techniques to assist in the EGO death process, and the removal of all interference from the auric field. The Divine Mother carries the archetype of Ophiucus, the spiritual doctor.

During each surgery, you will always receive the following healing protocols:

~Removal of all lower energetic implants/chips

~Clearing of all inorganic materials/toxins from the energetic body

~Left + Right Brain alignment

~Auric Field Repairs

~13 Chakra System Clearing + Alignment

To request an Etheric Surgery, simply communicate with the Divine Mother, Galactics, + your Angel Healing team and ask for the surgery process to be invoked. You may do this telepathically, out loud, or written down. Typically, the surgery process will last around 7 days, and then there will be post-surgery follow up protocols for healing.

You do not have to do anything special during your surgery process, feel free to carry on with your normal daily routines, but take rest when needed and follow your guidance of what is needed for your body.

We recommend documenting your experience throughout the surgery process, so that you can both participate in the process and also receive any downloads or communications from your Angel Team regarding follow-up healing protocols. Keep a journal with you throughout the week and document any sensations, synchronicities, experiences, dreams etc.

Remember that your Higher Self is overseeing this process as well, so you may always ask for the surgery to be slowed down if you feel overwhelmed, or you can request specific clearings on areas you are currently struggling with physically, emotionally or mentally. You may ask for information or updates on your surgery at any time, and simply write down what comes to you.

Chip Dissolvement

Sabotage Chip

This chip makes us unconsciously sabotage the Divine Plan by interfering with others who are serving love and the ascension.

Self-Sabotage Chip

This chip makes you unconsciously sabotage yourself and your destiny and divine path.

Mimic Chip

This chip makes you unconsciously mimic divinity rather than being real and authentic.

Brain Rewire Chip

This chip reverses our natural brain synergy which moves from right brain to left brain, and reverses it to shut down the right brain and keep us locked into left brain only (EGO).

Bully Chip

This chip unconsciously makes us bully or gang up on those who are serving love or are there to provide us with lessons/mirrors.

Abuse + Abandonment Chip

This chip creates an unconscious cycle of abuse + abandonment of yourself and others due to extreme wounding.

Glitch Chip

This chip unconsciously wipes your Divine Memory and makes you resistance to hearing pure, whole truth.

Dishonor Chip

This chip makes you unconsciously dishonor yourself and others.

Witch/Warlock Chip

This chip makes you unconsciously use your divine powers for lower purposes and intents.

Revenge Chip

This chip makes us unconsciously react to others by seeking revenge and wrath.

Hatred of God Chip

This chip makes you unconsciously hate the God/Love inside of others and/or blaming God for your experiences.

DNA Manipulation Chip

This chip manipulates our DNA so that we operate purely out of EGO, programmed belief systems, and ancestral wounding.

Star of David (inverted) Chip

This chip is the inversion of the divine Star of David Angel Chip. This creates a deep imbalance between inner masculine/feminine energy causing distortions.

Annihilation Chip

This chip makes us unconsciously seek to harm others or ourselves.

Brain Rewiring

Every surgery will include a brain re-wiring, as we are in a constant process of merging our Right and Left Brain which were artificially severed, creating distorted thinking. Our Right Brains are the least activated, as this is the feminine pole of the brain which connects us to unlimited thought, imagination, and creative thought.

The Galactics will utilize Rainbow Plasma Energy to activate the Right Brain, and to merge it with the Left Brain to bring it into wholeness. This also will trigger the EGO programmings which were implanted into the Left Brain (masculine pole) and locked us into logic, analyzation, linear and robotic thinking. Be aware of the EGO programmings so that when they are brought up to be dissolved, you are able to transform them (see Additional Resources Chapter).

The Brain Rewiring can often produce sensations in the brain such as headaches, brain fog, or tiredness. Please honor your bodies, and drink as much pure water as possible to assist in this particular process.

Auric Field Repair

After all chips/implants are removed from the Etheric Body, the Angel Teams and Galactics will also utilize 5D Technology to make repairs to the auric field. We can often have damage, tears, or holes in our auric field due to toxins, pollutants, low frequencies, or lack of self-love.

The auric field repairs help to strengthen our spiritual immune system so that we are less effected by external influences, both physical and energetic. The stronger our auric fields, the more centered and aligned we can be no matter the environment.

We recommend continuing to strengthen the Auric Field using Self-Love disciplines (see Additional Resources Chapter), as well as the Rainbow Flame Meditation which is included at the end of this chapter.

13 Chakra Re-Alignment

During each surgery, your Angel Team will assist in clearing each of your 13 Chakras and re-aligning them. Due to blocks, wounding and toxins our chakra system can be deeply affected and get out of balance. After the surgery, you can connect with your Higher Self and Angel Teams for any information regarding the continued healing of any of these chakras where you may be particularly blocked.

The following are the clearings + re-alignments for each Chakra which you can also consciously visualize or meditate on:

1st Chakra: The Root Chakra provides us the lessons around abundance and security. When our Root is damaged, we lack trust and we get stuck in lack, seeking validation, anger, and addiction. This chakra gets cleared using the Red Flame to clear any density or toxins and is restored to its natural state of groundedness and trust.

2nd Chakra: The Sacral Chakra provides us lessons around emotional regulation, vulnerability, and the use of our sexual life force energy for creative expression. When the Sacral is damaged, we either suppress our emotions or become reactive. This chakra gets cleared using the Orange Flame to clear all density and blocks and restores it to its natural state of flow and feeling.

3rd Chakra: The Solar Plexus provides us lessons around empowerment and right action. When this chakra is damaged, we suffer from either low self-esteem, arrogance, impulsivity and EGO. This chakra gets cleared using the Golden Flame to clear out all distortions and restores it to its natural state of empowerment, joy and divinity.

4th Chakra: The Heart Chakra provides us with lessons around compassion, selflessness, forgiveness and unconditional love. When this chakra is damaged, we suffer from anxiety, jealousy, bitterness, grief, and lack of compassion. This chakra gets cleared using the emerald/pink flame and restores it to its natural state of love, openness, and empathy.

5th Chakra: The Throat Chakra provides us with lessons around self-expression, authenticity, and communication. When this chakra is damaged, we can either take energy through talking and not listening, or we are afraid of communicating and speaking truth. This chakra gets cleared using the Blue Flame and restores it to its natural state of divine listening and authentic communication.

6th Chakra: The Third Eye Chakra provides us with lessons around perspective, intuition and imagination. When this chakra is damaged, we can create illusions that are not real, or suffer from paranoia and distorted perceptions. This chakra is cleared out using the Violet Flame to clear any illusions and distortions and return it to its natural state of intuition, clarity, and imagination.

7th Chakra: The Crown Chakra provides us with lessons around knowledge, divine intelligence and our spiritual powers. When this chakra is damaged, we can suffer from overly logical/rigid thinking, ignorance, and belief systems. This chakra is cleared out using the Platinum Flame, to clear all false thoughts and return it to its natural state of connection to the Divine.

8th Chakra: The Soul Star Chakra provides with soul lessons that pertain to our past lives and soul records. When this chakra is damaged, we continue to play out karmic events and loops without learning the lessons, disconnected from our soul's purpose. This chakra is cleared out using the Black Rainbow Flame to recycle any false memories or karmic loops and returning it to its natural state of connection to our Higher Self and Higher Truth.

9th Chakra: Known as the Spirit Star Chakra or the Lunar Chakra, this chakra provides us lessons around our spiritual DNA. When this chakra is damaged or disconnected, we are disconnected from our soul's blueprint and are limited to our Human EGO self. This Chakra is cleared using the Black Rainbow Flame, to clear away any blocks to reconnecting with our Soul and returning it to its natural state which allows our Soul's DNA to merge with our Human self.

10th Chakra: Known as the Universal Chakra or Earth Star Chakra, this chakra provides us lessons around merging spirit with physicality. When this chakra is damaged or disconnected, we feel disconnected from both the Universe and Mother Earth, and we stay separate. This chakra is cleared out using the Amber Flame which clears all blocks to being able to balance both the physical and spiritual planes and returns it to its natural state of connection.

11th Chakra: Known as the Galactic Chakra, this chakra provides us lessons around being able to master our own energy and spiritual powers. When this chakra is damaged or disconnected, we feel powerless and allow the external to effect or influence us. This chakra is cleared using the Pure Rainbow Flame to clear all chords and blocks and restoring it to its natural state which allows us to transmute and transform energy.

12th Chakra: Known as the Divine or Stellar Gateway Chakra, this chakra provides us lessons around Divine Will. When this chakra is damaged or disconnected, we seek to control or use our spiritual powers outside of divine will. This chakra is cleared using the Pure Rainbow Flame, to remove all remaining chords of separation from Source, which returns it to its natural state which allows us to be vessels of Divine Will rather than self-will.

13th Chakra: This chakra is very unknown and there is not much information regarding this chakra. We feel that this chakra can be known as the Rose Chakra, and connects us directly to the Prime Source, the Divine Mother. When this chakra is damaged or disconnected, we lack true Source connection as most only connect to the masculine form of God. This chakra is cleared using the Turquoise Flame, removing all remaining blocks to fully merging with Source, which returns this chakra to its original state which is our final return to Source. We become ONE, a perfect mirror of Source energy.

5D Technologies

The following Galactic Technologies + Tools are used for the Surgery Process. You may also consciously call upon these technologies and tools at any moments to assist you in processing, releasing, and transforming.

The **Black Rainbow Mirror** is an etheric technology that consists of a black rainbow mirror, which encompasses every Color Ray in Creation, as each Ray holds different healing frequencies. The Black Mirror is trimmed with gold and is held over the etheric body and acts as a recycling tool. The Black Mirror sucks out and removes any density, toxins, + inorganic material from the body, recycles it, and releases it back into Creation as love energy. This Black Mirror can be called upon, visualized and used at any moment, before, during or after the surgery.

The **Cosmic Egg Chambers** are designed by your Angel Healing teams specifically for your healing needs. This chamber is placed around your vessel at nighttime or during rest, to protect the etheric body from any interference, lower frequencies, etc., while the body is healing. This chamber can be designed in any way that best suits your needs and can be called upon or visualized at any moment before, during or after the surgery.

The Violet Flame of St. Germaine is used to assist with cleansing the etheric body of all lower vibrations + frequencies. This can be called upon or visualized at any moment before, during or after the surgery.

Follow Up Protocols

We highly recommend that after the Surgery is complete, you take a cold shower up to a minute and half, to assist in clearing all residuals of the implants and density from the energy field.

Drink lots of water and allow your body to rest and integrate. This is also a great time for reflection on the surgery process and looking at your documentation throughout the week. Please also feel free to connect with your Higher Self and Angel Team for any specific guidance for your continued healing.

We also recommend continuing with EGO Death Work by actively transforming any remaining programmings, dissolving belief systems, and fears. You may also do EGO Death Ceremonies if guided (See Additional Resource Chapter).

You may continue to use any of the techniques and tools post-surgery, including the Black Rainbow Mirror, Cosmic Egg Chamber, or Violet Flame.

The following Rainbow Flame Meditation can also be used daily to keep your auric field and spiritual immune system in good health.

You may invoke the Etheric Surgery as often as you would like, but we do recommend allowing a minimum of 3 weeks between surgeries to give the body time to integrate.

Rainbow Flame Meditation

This healing meditation can be used daily for auric + energetic body clearing.

This meditation utilizes all of the healing rays to help clear all of the layers of our auric + energetic fields.

Keeping our auric bodies clear helps allow for greater physical, emotional, mental + spiritual alignment.

Get into a comfortable space + call in each flame as guided.

First call in the Red Flame

Visualize this flame purifying + cleansing the Root Chakra + physical body

“Thank you Red Flame for dissolving all toxins, parasites, and density from my physical + energetic bodies. I am rooted in trust, groundedness + the present moment of now.”

Next call in the Orange Flame

Visualize this flame purifying + cleansing the Sacral Chakra + emotional body

“Thank you Orange Flame for dissolving all lower emotions, blocks to vulnerability and allowing joy to flow through me.

I am safe to express my emotions and my creativity”

Next call in the Golden Flame

Visualize this flame purifying + cleansing the Solar Plexus + emotional body

“Thank you Golden Flame for dissolving all EGO frequencies within me, all disempowerment + fear.

I am God with God, and

I am worthy of all love is.”

Next call in the Emerald Flame

Visualize this flame purifying + cleansing the Heart Chakra + emotional body

“Thank you Emerald Flame for dissolving all grief, heartbreak, resentment and anger. Thank you for dissolving all blocks to giving and receiving.

I am heart centered + abundant in love.”

Next call in the Pink Flame

Visualize this flame purifying + cleansing the Higher Heart Chakra + emotional body

“Thank you Pink Flame for dissolving all blocks to feeling, compassion + empathy.

I am sacred + treat all things as sacred.”

Next call in the Blue Flame

Visualize this flame purifying + cleansing the Throat Chakra + emotional body

“Thank you Blue Flame for dissolving all blocks to sharing my truth + expressing myself authentically

I am truth + I speak truth always”

Next call in the Violet Flame

Visualize this flame purifying + cleansing the Third Eye + mental body

“Thank you Violet Flame for dissolving all illusions, confusion + projections. Thank you for clarity + truth. I release all that does not serve me”

Next call in the Platinum Flame

Visualize this flame purifying + cleansing the Crown Chakra + mental body

“Thank you Platinum Flame for clearing all belief systems + limited thought from my field. Thank you for clearing my channel to my higher self.

I am full connected to Source and my higher self”

Next call in the Black Rainbow Flame

Visualize this flame purifying + cleansing your entire auric field and energy body

“Thank you Black Rainbow Flame for clearing all distortions, dysfunction + density from my fields. I now release all that does not support my highest good ”

Next call in the Pure Rainbow Flame

Visualize this flame purifying + cleansing your entire auric field and energy body

“Thank you Pure Rainbow Flame for protecting me

I am safe, protected and loved by my angels and all of Creation ”

Finally, call in the Turquoise Flame

Visualize this flame purifying + cleansing your entire auric field and energy body

“Thank you Turquoise Flame for helping me anchor in my Higher Self + bringing me peace and bliss. I am bliss ”

Pet Surgery Protocols

You may invoke the Etheric Surgery for pets if you feel guided that your pet or animal requires healing and assistance. The Pet Surgery follows similar protocols in that it will normally last around 7 days, however the only cleansing tool we recommend for animals is coconut oil (please do not give your pets garlic or any other type of harmful cleanse/detox).

Please connect with Sunat Kumara who oversees all Pet Surgeries.

ANGEL CHIP ACTIVATION PROTOCOLS

Angel chips are positive activation switches within the DNA of the 144,000. These chips carry codes, gifts & skills we have acquired through many lifetimes of service here on Planet Earth. These chips can be activated at the divine time to assist us with our role & path. Each of us have unique soul contracts & blueprints that are now being activated for full embodiment of our God Self.

Through the activation of these Angel Chips, we are able to reclaim all aspects of our soul's essence/Higher Self, bring online dormant gifts and skills, reclaim our Divine Memory, and restore our connection to Source. By activating our own DNA we assist in the activation of all of Humanity, as we are all connected.

In order to invoke the Angel Chip Activation, connect with the Divine Mother, Galactics and your Higher Self and place the intention by stating out loud or writing down that you wish to begin the Angel Chip Activation Process.

Read through each of the Angel Chips and write down the ones you immediately resonate with, without any doubt. We must go through many layers with these activations as each chip also has a divine time for activation, and there are many layers to these codings. Remember that we have to continuously clear out, purge and transform density and programmings in order to create space and alignment for the full Higher Self to embody.

These activations will need to be done numerous times, along with the Etheric Surgery Process until our vessels are able to integrate the full Higher Self. Each time you invoke the activation, you may begin to resonate with additional chips or deeper layers of certain chips.

After writing down which chips are currently resonating for the activation, prepare a written ceremony stating your intention to activate these codings. Burn this ceremony (safely) to help catalyze the activation, or simply read the ceremony out loud.

We recommend documenting your experience throughout the week if there are any messages, synchronicities, downloads, or dreams that come through.

You may do these activations as many times as you would like, but we also recommend waiting a minimum of 3 weeks between each one to allow time for upgrades and integrations. We also recommend pairing each activation with a prior surgery for the most effective results.

Archangel Chip

The Archangel Chip is a unique chip that is divinely activated within a vessel who is a match to one of the 288 Archangel/Archeia Essences.

This soul is a part of the group of archangels who incarnated into to help the ascension process. These beings are under the complete direction of Source and follow their soul contracts no matter where it takes them. They are often very misunderstood + receive harsh criticism.

These souls often feel a calling so deeply in their hearts that they may do things that seem “crazy” to others. These souls have specific contracts that require them to step outside of their comfort zones and they often have to make difficult life decisions in order to step into their highest role of service.

The Archangel Chips are specific to those who carry the matching blueprint. If you feel guided to activate this Chip, feel free to connect with your Higher Self to download the soul mission for this blueprint.

Master Chip

The Master Chip is activated in a select number of souls as an honorary badge of lifetimes served here on Earth.

These are old souls who have incarnated many times as part of the 144,000. These souls go back to Atlantis & Lemuria and have carried lifetimes of ancient wisdom in their DNA.

These beings often feel called to connecting with the Ancestors & with ancient teachings. These beings hold a sacred contract to not only protect the ancient wisdoms from being misused, but by sharing these wisdoms with Humanity. These are alchemists, story tellers, shamans, & oracles who are deeply connected with the unknown and their gift is to preserve the teachings of Source, in pure form.

If you feel guided to activate this chip, ask your Higher Self for the sacred wisdoms that you are meant to share with Humanity.

Elohim Chip

The Elohim Chip is part of a soul group who works directly with AA Michael for the ascension process. The Elohim are a group of souls who are guided to connect in groups, provide teachings for Humanity, and are associated with the First Ray of Divine Will.

These souls have a key role in sharing information with Humanity and holding the role of ascension ambassadors.

These beings love to learn and share with others. They may feel called to connect with others and forming soul tribes. These are beings who often work under the direction of others, as they carry out Divine Will. They are the helpers, supporters, teachers & students, who are open & excited about connecting with Humanity and providing one-on-support for others.

This chip has been earned from previous lives in fulfilling unique soul contracts to serve Humanity and the Ascension. If you feel guided to activate this chip, it will re-activate your current mission and contract for New Earth as well as your divine gifts.

Advanced Elohim Chip

The advanced Elohim chip are souls who are part of the Elohim but have a more specific contract as leaders of the Ambassadors.

These are the organizers and public speakers who feel guided to call on others to gather, and they are the voices of the collectives they represent. They are passionate about implementing that Divine Will through speaking truth & teaching others.

These souls may feel called to be public speakers, community organizers, or public faces. They are diplomatic and warm, as they are gifted with creating harmony amongst their groups. Many of the advanced Elohim may connect with each other all over the world simply by the vibration that brings them together, by contract.

If you feel guided to activate this chip, make sure you are healing and utilizing your throat chakra for speaking truth, sharing, and inspiring.

Agarthan Chip

Someone who is from Agartha of Inner Earth is here on Special Assignment. They are a part of a group of Lemurians who escaped to Inner Earth during the fall.

These souls are particularly called to master crafts & they hold high levels of integrity with their creations. These are often souls who have a very specific gift, skill or mission and their focus is on mastering that gift and skill and sharing that with Humanity.

These souls may resonate deeply with the gnomes and elves + fairies, as they are always eager to be of service, as well as to bring the gifts of working with elementals, mastering skills, and are also incredibly gifted at manifestation.

If you are guided to activate this chip, ask your Higher Self for downloads on your special assignment, and what particular gifts and skills you are here to utilize.

Elemental Chip

The Elemental Chip is for beings who have a direct connection to the elements. They tend to resonate with Inner Earth and have a strong pull towards plants, crystals, stones, alchemy, fairies & gnomes.

These beings hold a very grounded essence and they are masters of holding space for others, as well as cleansing energy.

Those that feel a deep connection with animals, plants, crystals and elements are part of this collective of souls who have profound knowledge to share with Humanity. These are the energy cleansers who can cleanse the energy of any environment they are in, as well as the lands, waters, oceans, etc.

These souls are those who may have spent lifetimes bringing herbal healing & magical alchemy.

If you are guided to activate this chip, get in tune with the elementals and ask for guidance as to what elemental gifts you are here to use in service.

Knights of Templar/Sisterhood of the Rose Chip

The Knights of Templar chip is activated for souls who have spent many lifetimes in service in the role of the warrior, protector, guard, & key keeper. These souls may feel deep resonance with lifetimes as a warrior or lives where they exemplified honor and courage. This chip also activates in the feminine as the Sisterhood of the Rose, for the divine feminine who have protected and guarded the sacred codes and wisdoms.

Those with this chip may appear as quiet and more reserved souls, or those who have a deep inner strength. They have fought and died many times for the ascension of Humanity and they take great honor in their role to share knowledge.

They are tasked as being the enforcers of Universal Law on this planet. These beings may feel pulled to certain roles such as a leader, consultant, researcher, or channeler. They hold a deep respect for the Universal Law of Creation and seek to preserve the sanctity of these Laws on planet Earth. They are courageous, honest & brave, but they are also humble, reserved and patient. The Divine Feminine who hold the Sister Hood of Rose Codes, may feel drawn to bringing forth ancient teachings in regards to feminine healing and esoteric/sacred knowledge.

If you feel guided to activate this chip, we recommend reviewing the Universal Laws (See Additional Resources Chapter) and asking for all downloads of the sacred wisdoms.

Guardian Chip

Someone who is part of a Soul Group whose mission in the New Earth is to be the overseers of Gaia. These souls have earned their roles as guardians of Mother Earth, from lifetimes spent as the caretakers of Her. The Guardian Chip relates to the Dragon Energy, as protectors of Mother Earth and their gift in purification.

Those with this chip may feel especially responsible for the healing and protecting of Mother Earth. They are gridworkers, ley line workers, & often have a deep resonance with the physical Earth. These beings have a direct contract as the protectors of Earth by way of assisting directly in the purification of the planet.

These beings may feel called into different roles and tasks such as: healing ley lines and grids, performing ceremonies for Earth's healing, teaching and mentoring about the sacredness of Mother Earth, working with the elements of the Earth with prayer and intention, and purifying the energy of the planet. They often feel drawn to both earth and fire + Native Teachings.

If you are guided to activate this chip, ask for all downloads from Mother Earth, your ancestors, and gridworking skills. You may also connect with the Dragon Collectives (See Additional Resources Chapter)

Bird Tribe Chip

These beings are part of the front runners of the new paradigm and represent the Transitional Government Council for the New Earth. They have a key role in keeping the “bird’s eye view”, by focusing on how to create systems and structures that work for the whole.

Those with the Bird Tribe chip have been specifically chosen to be part of the Transitional Government, as they are masters of collaboration & creating new structures. These souls may feel called specifically into leadership roles, or as connector roles. These souls often have a great sense of responsibility for the collective and they take initiative. They create co-operation and harmony amongst groups and are role models of understanding and working together.

These souls will be put in key leadership positions around the globe, as they are specifically tasked with guiding the transitional process.

If you feel guided to activate this chip, ask for all downloads as to your role within the transition. You may also check out our New Earth Transitional Government site for guides + information on various roles (See Additional Resources Chapter).

Wingmaker Chip

These souls are part of the original creators of Planet Earth=Heart. These are beings who have a special contract and role to focus on building the physical foundations for New Earth both energetically and physically.

They hold remembrance and knowledge of creating the Garden of Eden and are now tasked with using their skills to create the New Earth. These souls may feel drawn to building, designing, & creating. These souls may also be drawn to woodworking, building, architecture, designing, feng shui, historians, etc.

These are the foundation builders of the New Earth, and they also hold a key energetic role of creating the foundation of love with everything they do. These are grounded souls who appreciate the beauty of all and share that beauty with others. These beings also resonate with being time-travelers, and bridging both past + future into the present.

The Wingmakers are storytellers and carry a distinctive gift of being able to weave in past and future knowings into art, poetry, stories and creative expression.

If you are guided to activate this chip, ask to make contact with your future self for any codes, wisdom or blueprints. Those with this chip may also feel called to travel to certain places or areas which carry certain codes for activation.

Figure 8 Rainbow Chip

These beings have a special role with working with Children, as well as being the community gatherers. They are key community bridgers that bring synergy to groups and ecosystems.

They have an affinity for children, unicorns, fairies, plants, herbs, and animals. These souls are specifically contracted with assisting the deep sleepers through the transition into 5D. These souls are patient, kind, and have a passion for helping others. They are healers through their joy and kindness. They bring magic to others and by showing them the joy & magic of life, they inspire others to move through heavy emotions such as anger, guilt, shame, and fear.

These are the welcomers and hosts of New Earth who make sure all souls are assisted during their transition. These souls may also feel called to working with the elderly, or any group who is struggling energetically.

For those who are guided to activate this chip, connect with your inner child for full healing and integration.

Star of David Chip

The Star of David Chip provides perfect balance and harmonization between the Masculine and Feminine, this is known as Balanced Harmonics. These beings have a strong presence and are gifted with alchemizing what is out of balance and bringing it into balance.

These beings have a gift and understanding of sacred geometry, yin and yang, and how to anchor in the flow between giving and receiving. These are the master alchemists of the planet + masters of understanding Equal Energy Exchange.

These beings may feel called into various roles such as the justice system, working with business/economy, the quantum financial system, and relationship/unions. These beings have the ability to neutralize energy and have a deep understanding of the balance of the Universe. They hold the energies of both the Mother, the Father, and the inner child. They are profound teachers as well as serve an energetic role of oversight and to correct all that is out of balance.

Many who carry this chip will also resonate with the innovation and creation of 5D technology, which is completely based on balanced harmonics and synergy. Many may receive the codes and downloads for sacred geometry and technological innovations.

For those guided to activate this chip, ask for all balance harmonics to be restored to your being.

GFOL Chip

This Chip is for honorary services for service to love, and to The Galactic Federation of Light as a commander of a Galactic Fleet.

This Chip connects you directly with the Galactics on the ship as a Direct Representative. Those with this chip feel a deep connection to the Galactics and may feel a close resonance with a specific collective such as the GFOL directly, Lyrians, Pleiadians, Syrians, Arcturians, etc.

This chip often guides a being into channeling and holding a direct line of communication from their Galactic brothers and sisters. These beings are gifted with interpreting messages from the etheric and sharing these with Humanity. These beings often will also be called to leadership positions as their contract is to receive direct guidance and commands from Source and the Galactics and to implement them.

Those with this chip may also be called to perform certain energetic or physical work as guided by their Galactic Collectives.

For those guided to activate this chip, consciously intend to open the lines of communication to the GFOL and with any specific star race that is resonating with you. Write down all messages received, and also communicate back openly to your representatives.

Pleiadian Chip

The Pleiadian Chip is for certain beings who resonate most and have spent the most time as part of the Pleiadian collective.

They have the contract of ultimate compassion and highly resonate with water and beings such as mermaids, dolphins and whales. These are sensitive beings who feel called to do healing work with Humanity, animals, and water.

These beings have a contract to hold space for Humanity as both energetic and physical healers. They have gifts and wisdoms about sound, light, and color. They are attuned to the elements of nature and animals and they often have a deep compassion and kindness they display to others. They are here to teach us universal love, forgiveness, and to assist through the crystalline body process through their healing gifts and skills.

For those guided to activate this chip, get in touch with the heart chakra and make sure to clear any remaining grief, resentment, or anger to allow for the full unconditional love and compassion that will activate from this chip.

Arcturian Chip

The Arcturian Chip is for certain beings who resonate most and have spent the most time as part of the Arcturian collective. They have a more stern or composed energy and are most fascinated with 5D technology, the transitional government, and genetics/DNA.

These beings may often spend more time alone than others, as they have an incredible gift to receive downloads & codes from Source, and to interpret them into the physical. These beings are directly involved in the evolution of Humanity by bringing inspirational ideas through technology advances and ancient wisdoms.

These beings may feel called in particular areas such as 5D technology, time-travel, bilocation, collective consciousness & quantum developments. These beings are innovative and quirky, they think outside the box and are able to grasp quantum information and translate it into physicality.

For those guided to activate this chip, ask for all downloads as to what your role and mission is here on the ground.

Sovereignty Chip

The Sovereignty Chip is for beings who have earned their Co-Creator powers through many lifetimes of service here on Earth. These beings have attained mastery of their energetic system + have embodied divine discipline, integrity + responsibility, as well as overcome all co-dependencies. This chip can only be earned + is not given.

These beings who have earned their sovereignty chip often take on lifetimes of overcoming addictions, attachments to people/places/things, and have worked extremely hard to master their energy fields. These beings are often very disciplined in their energy + hold divine accountability for the whole. They resonate with being responsible for Humanity + the creation of New Earth.

These beings are often extremely dedicated to their path, and do not allow distractions or the taking of energy to steer them away from their destiny. When this chip activates, it gifts them their divine Co-Creator powers and initiates them into their God with Godhood.

All of Humanity may activate their Sovereignty Chip, however, it will only activate upon the full integration and embodiment of the frequency of Sovereignty. To activate this chip, simply place the intention to do so and practice self-love disciplines to allow the full activation.

Bluestar Chip

The Blue Star Chip is for certain beings who resonate with having spent lives in the city of Avalon + have a resonance with the Blue Avian species. You may feel a special connection to birds as well as be able to communicate with them. This chip also deeply resonates with those from Native lineages including the Egyptian timeline

These beings have a deep resonance with the Blue Avian lineage, Native culture, as well as resonance with the prophecies of ancient times including the Hopis and the Mayans. These beings greatly understand how the Matrix came into form + are here on special assignment to reverse the false matrix code and to return it to the true Creation code through the use of Divine Magic.

These beings may be drawn to teachings such as the Law of One, and the teachings of Ra. They are here to assist with the dismantling of the Matrix, and to free Humanity from enslavement. They can organically dismantle the AI grids and reverse dark energy/magic. These beings often have a deep remembrance of the Egyptian timelines + codes.

If you are guided to activate this chip, ask for all downloads and sacred knowledge to be returned from the Egyptian timeline.

Lumerian Chip

The Lumerian Chip is for certain beings who served Sophia Gaia + Humanity during the times of Lumeria. These beings were part of the Co-Creators of the Lumerian Civilization and carry original Garden of Eden codes. They often have memories of the tragedy of Atlantis/Lumeria and are here to correct these past timelines.

These beings have earned special badges of honor for their role in the co-creation and building of Lumeria including Crystal Technology, Crystal Cities + Garden of Eden Codes. These beings have a deep connection to Earth and have been here many times, many of you serving Sophia Gaia in that lifetime.

These beings carry the codes of the original Creation of the 5D civilization and are here to bring those codes into the co-creation of New Earth. You may have gifts and blueprints of how to heal Mother Earth, work with crystal technology, build crystal cities, etc. Your role is to be a leader for Humanity is reversing the timeline of destruction back into the organic timeline.

If you are guided to activate this chip, ask for all downloads from the Lumerian Timeline. This may bring memories up from the Atlantis era as well.

Aquamarine Chip

The Aquamarine Chip is for certain beings who resonate deeply with the element of water + resonate with serving lifetimes in the civilizations of the deep sea as mermaids, merman. These beings carry codes of the Ocean + have gifts and abilities to work with the water elementals, whales, dolphins and fish.

These beings often are drawn to water, specifically the Ocean. They may spend time or choose to live near the Sea and are drawn to working with the water elementals such as the Mermaid/Mermen, Whale + Dolphin collectives.

These beings carry codes of the sacred elements of water and are highly gifted intuitives + energy workers. They may often be drawn to healing the Oceans and waters of Mother Earth and also have the powers of water alchemy. You may also hold gifts in working with certain crystals such as aquamarine, sodalite, and agate. This chip holds a great power of manifestation as water is a conduit of consciousness + abundance.

If you are guided to activate this chip, ask for all downloads from the Ocean and Mermaid collectives.

Holy Grail Chip

The Holy Grail Chip is for certain beings who resonate with having lives in the Celtic timelines + incarnating through the Holy Grail bloodlines of Source. These beings also resonate with lifetimes serving as warriors, Vikings, Norse, Fairy's + sacred key holders.

These beings have earned lifetimes of achievement serving the Holy Grail bloodlines by carrying ancient wisdoms and protecting sacred texts, the teachings of the Divine Mother, + often resonate with lifetimes in the North through Ireland, Scotland, Whales, Sweden, Norway + Denmark.

These beings have an organic ability to activate ancient wisdoms and to utilize them for the highest good. These beings hold gifts of working with elemental magic, runes, sacred herbal healing, and fairys. These beings are often drawn to roles such as scribes, historians, magicians, and healers. They connect well with the elements of Earth + Fire.

If you are guided to activate this chip, ask for all downloads from these timelines.

Fast Track Chip

For those who are truly seeking the fast track of Ascension, you may activate the Fast Track Chip. All have the option to activate this chip or not.

If you are guided to activate this chip, ask for special permission from Master Sananda, and utilizing the Golden, Emerald, Violet. Rainbow Flame.

Follow Up Protocols

After your Angel Chip Activation we recommend using the following tools to assist in your integration process:

- ~Automatic Writing (asking your Higher Self for the relevant downloads and integration of all that was activated).
- ~Higher Self Ceremonies
- ~Self-Love Practices
- ~Movement/Grounding

ADDITIONAL RESOURCES

5DFULLDISCLOSURE.ORG

Click on the [LIBRARY TAB](#) to access the following additional resource guides:

Breaking Through the EGO Workbook

Embodying the Divine Traits Guide

Self-Love Day Plan (includes Universal Laws)

EGO Death Ceremony Guide

Rainbow Flame Meditation Guide

Click on the [PODCAST](#) to access the following additional resources:

EGO Death Series

Etheric Surgery Series

Angel Chip Activation Series

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Explore the Events/Guides Tab

Explore the Council Pages

Explore the Universal Laws Tab

